# **Peters Township High School**

## Regular Meal \$2.85

**PICK A BREAD** Sub Roll, Wrap, Flatbread

**GET SOME PROTEIN** Ham, Turkey, Grilled Chicken, Chicken Salad or Tuna Salad

FIND SOME CHEESE American, Cheddar, Swiss, Provolone, Pepper Jack

## Prem Meal \$4.00

**CUSTOMIZE** Lettuce, Tomato, Onions, Banana Peppers, Pickles, Cucumbers

Chipotle Mayo, Honey Mustard, Italian MAKE IT A MEAL

Take a Fruit or Vegetable!

ADD A SPREAD



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\*All deli meats offered are Smithfield Healthy Ones. No MSG or added hormones. No artificial flavors.



PICK YOUR LETTUCE Chopped Romaine, Baby Spinach, Spring Mix

**GET SOME PROTEIN** Grilled Chicken, Crispy Chicken, Ham, Turkey, Chicken Salad, Tuna Salad, Hard Boiled Eggs FIND SOME CHEESE Shredded Cheddar, Bleu Cheese Crumbles

**CUSTOMIZE WITH VEGGIES** Bell Peppers, Shredded Carrots, Cucumbers, Chickpeas, Grape Tomatoes, Croutons

MAKE IT A MEAL Take a Fruit or Vegetable!

**PICK A BREAD** Hamburger Bun

**GET SOME PROTEIN** Grilled Chicken, Crispy Chicken, Spicy Chicken, Beef Burger, Black Bean Burger

**CUSTOMIZE** Lettuce, Tomato, Onions, Banana Peppers, Pickles ADD A SPREAD Chipotle Mayo, Sriracha, Honey Mustard, Ranch

MAKE IT A MEAL Take a Fruit or Vegetable!



\*All chicken products offered are Tyson chicken raised with no antibiotics ever. No added hormones or steroids. No artificial ingredients. Whole grain breading.



DAILY SPECIALS INCLUDE: Cheese Pizza Pepperoni Pizza White Pizza

Take a Fruit or Vegetable!

MAKE IT A MEAL

#### WEEKLY SPECIALS INCLUDE:

Monday: Sausage Tuesday: Margherita Wednesday: Hawaiian Thursday: Meat Lover's Friday: Vegetable

TEST KITCHEN FAVORITE WORLD FLAVORS

STATION FLAVORS: Breakfast for Lunch Asian Italian Mexican

#### MENU CHANGES WEEKLY!

MAKE IT YOUR WAY: Pick Your Base Fill it Up with Fresh Veggies & Protein Customize Your Toppings Dig In!



### Assorted Seasonal Fresh Fruit & Vegetables available daily on all lines.

100% Juice, Skim White, Skim Chocolate and 1% White Milk available daily on all lines.

Vegetarian options available on all lines. Gluten-Free meals available upon request.

For more detailed nutritional information, please visit: ptsdk12.nutrislice.com/menu